

SHADOW
Industrial Infrared

CASE STUDY

GYMTEQ

GymTeq is an independent, family-friendly functional training gym that helps people of all generations reach their full fitness potential.

For its 5,500 sq ft gym, the team wanted heating that would make members feel comfortable on arrival and at the start of each session, with the flexibility to switch it off once everyone was moving.

Shadow Industrial helped GymTeq find a solution suited to its space and training routines, supplying:

- 5 × Shadow Infinity 6kW Industrial Infrared Heaters
- 1 × 3kW Industrial Infrared Heater

The Challenge

Anyone who trains in a gym knows that a chilly start can soon turn into a warm workout.

GymTeq needed heating that could respond to those changing needs, providing warmth quickly without having to run throughout each session.

The gym also wanted an alternative to diesel-powered outdoor space heaters. With timber cladding in the building, safety and ease of control were important considerations for the director.





A Personal Approach Made the Difference

For GymTeq, the deciding factor in choosing Shadow Industrial was simple: we came to see the space in person.

While other suppliers had prepared quotations using photographs and floor measurements, our team visited the gym, talked through its day-to-day routines and assessed where warmth would be most useful.

Understanding where members gathered and how different areas were used helped us recommend heater positions and quantities suited to the gym.

By carefully positioning the heaters to suit the gym's layout and how each area is used, we created a cost-effective solution that required fewer units and focused warmth where it was needed, helping to avoid unnecessary heating elsewhere.

The director also appreciated our team's patience and support while considering the budget and installation costs.

The Outcome

GymTeq now has a practical heating solution that fits the way its members train, providing a comfortable start to sessions and allowing the team to adapt heating use as activity levels change.

Just as importantly, the team felt supported in choosing the right arrangement. Taking the time to visit, listen and understand the space helped us recommend fewer heaters than competing proposals and keep the overall quotation lower.

THE SYSTEM

GymTeq's heating system combines five Shadow Infinity 6kW Industrial Infrared Heaters with one Shadow Vertical 3kW Industrial Heater, carefully positioned to suit the gym's layout and how members use each space.

Two Shadow Infinity heaters are wall-mounted in the café areas, bringing warmth to the social spaces where members can relax and catch up after a workout.

The remaining three Infinity heaters are suspended above the open gym floor and weights areas, providing warmth where members train.

The Shadow Vertical 3kW heater is wall-mounted by the treadmill area, completing the six-heater installation.

The heating system helps keep members comfortable in both the workout and social areas. The GymTeq team reports that warmth is felt quickly, so they can switch the heating on at the start of training sessions and turn it off once members are moving and comfortable.







SHADOW
Industrial Infrared

Unit 9 Stort Valley Industrial Estate
Bishop's Stortford
Hertfordshire
CM23 2TU

CONTACT US

E: info@shadowindustrial.co.uk
W: www.shadowindustrial.co.uk
T: 01279 466500

Please visit our site www.shadowindustrial.co.uk for more details on our Terms & Conditions.
Copyright 2025 © Shadow Industrial. All rights reserved